

1 $1 + 1 + 5 =$

16 $2 + 3 + 4 =$

31 $4 + 4 + 3 =$

2 $4 + 1 + 3 =$

17 $3 + 3 + 5 =$

32 $2 + 2 + 5 =$

3 $5 + 2 + 3 =$

18 $4 + 2 + 5 =$

33 $4 + 5 + 5 =$

4 $4 + 4 + 3 =$

19 $1 + 4 + 1 =$

34 $1 + 3 + 5 =$

5 $4 + 5 + 5 =$

20 $5 + 5 + 2 =$

35 $1 + 2 + 5 =$

6 $2 + 2 + 3 =$

21 $3 + 3 + 2 =$

36 $5 + 2 + 5 =$

7 $1 + 4 + 4 =$

22 $4 + 4 + 2 =$

37 $4 + 4 + 4 =$

8 $1 + 2 + 3 =$

23 $4 + 1 + 5 =$

38 $5 + 2 + 5 =$

9 $4 + 3 + 4 =$

24 $4 + 2 + 5 =$

39 $2 + 1 + 4 =$

10 $4 + 1 + 2 =$

25 $4 + 4 + 5 =$

40 $4 + 1 + 1 =$

11 $5 + 4 + 2 =$

26 $3 + 1 + 3 =$

41 $4 + 2 + 2 =$

12 $2 + 1 + 1 =$

27 $3 + 5 + 5 =$

42 $5 + 1 + 1 =$

13 $4 + 3 + 5 =$

28 $1 + 3 + 4 =$

43 $2 + 1 + 5 =$

14 $5 + 3 + 3 =$

29 $4 + 2 + 2 =$

44 $1 + 3 + 3 =$

15 $4 + 2 + 3 =$

30 $1 + 5 + 5 =$

45 $1 + 5 + 1 =$



1 $2+1+1=$

16 $1+4+2=$

31 $5+5+5=$

2 $3+4+4=$

17 $3+3+1=$

32 $5+3+4=$

3 $5+2+2=$

18 $4+1+2=$

33 $5+1+1=$

4 $5+2+3=$

19 $5+4+2=$

34 $5+5+4=$

5 $1+3+4=$

20 $1+3+2=$

35 $3+2+4=$

6 $1+2+5=$

21 $4+5+3=$

36 $4+2+1=$

7 $5+1+5=$

22 $4+3+2=$

37 $4+2+3=$

8 $2+2+1=$

23 $5+1+1=$

38 $1+2+2=$

9 $5+3+1=$

24 $5+2+1=$

39 $2+4+4=$

10 $1+5+3=$

25 $4+4+3=$

40 $1+5+1=$

11 $2+3+4=$

26 $5+1+3=$

41 $2+5+3=$

12 $3+2+5=$

27 $2+3+3=$

42 $4+4+2=$

13 $4+2+3=$

28 $5+4+4=$

43 $5+4+5=$

14 $5+2+3=$

29 $2+3+1=$

44 $5+2+4=$

15 $2+4+5=$

30 $1+1+4=$

45 $4+1+1=$



[3数字加算 45 3A002]

1 7 16 9 31 11

2 8 17 11 32 9

3 10 18 11 33 14

4 11 19 6 34 9

5 14 20 12 35 8

6 7 21 8 36 12

7 9 22 10 37 12

8 6 23 10 38 12

9 11 24 11 39 7

10 7 25 13 40 6

11 11 26 7 41 8

12 4 27 13 42 7

13 12 28 8 43 8

14 11 29 8 44 7

15 9 30 11 45 7

1 4 16 7 31 15

2 11 17 7 32 12

3 9 18 7 33 7

4 10 19 11 34 14

5 8 20 6 35 9

6 8 21 12 36 7

7 11 22 9 37 9

8 5 23 7 38 5

9 9 24 8 39 10

10 9 25 11 40 7

11 9 26 9 41 10

12 10 27 8 42 10

13 9 28 13 43 14

14 10 29 6 44 11

15 11 30 6 45 6



脳の健康をサポートする情報とトレーニング

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