

1  $1 + 3 + 2 =$

16  $1 + 4 + 3 =$

31  $5 + 5 + 3 =$

2  $3 + 2 + 1 =$

17  $2 + 2 + 3 =$

32  $4 + 3 + 4 =$

3  $5 + 5 + 3 =$

18  $4 + 1 + 5 =$

33  $5 + 5 + 4 =$

4  $3 + 1 + 4 =$

19  $5 + 3 + 4 =$

34  $1 + 4 + 1 =$

5  $5 + 3 + 2 =$

20  $3 + 3 + 3 =$

35  $4 + 5 + 5 =$

6  $2 + 4 + 1 =$

21  $1 + 1 + 3 =$

36  $3 + 5 + 2 =$

7  $3 + 5 + 1 =$

22  $1 + 4 + 1 =$

37  $4 + 2 + 4 =$

8  $4 + 5 + 4 =$

23  $3 + 1 + 5 =$

38  $5 + 4 + 1 =$

9  $4 + 1 + 2 =$

24  $5 + 2 + 5 =$

39  $1 + 2 + 4 =$

10  $3 + 1 + 4 =$

25  $1 + 3 + 1 =$

40  $1 + 2 + 5 =$

11  $2 + 1 + 4 =$

26  $5 + 5 + 1 =$

41  $3 + 1 + 2 =$

12  $5 + 4 + 1 =$

27  $1 + 2 + 1 =$

42  $2 + 4 + 1 =$

13  $2 + 4 + 3 =$

28  $4 + 1 + 2 =$

43  $4 + 5 + 5 =$

14  $1 + 5 + 2 =$

29  $4 + 3 + 2 =$

44  $3 + 3 + 4 =$

15  $1 + 4 + 5 =$

30  $4 + 2 + 5 =$

45  $5 + 4 + 5 =$



1  $5+3+5=$

16  $1+5+2=$

31  $4+5+4=$

2  $5+1+1=$

17  $2+5+1=$

32  $4+2+2=$

3  $3+5+4=$

18  $4+5+5=$

33  $1+2+3=$

4  $1+4+4=$

19  $1+3+1=$

34  $5+3+2=$

5  $5+4+5=$

20  $2+4+2=$

35  $2+3+2=$

6  $3+5+2=$

21  $3+3+5=$

36  $1+2+3=$

7  $1+4+3=$

22  $2+4+1=$

37  $1+4+1=$

8  $2+4+1=$

23  $2+1+2=$

38  $3+2+4=$

9  $4+4+5=$

24  $5+2+3=$

39  $4+2+3=$

10  $1+5+5=$

25  $3+1+2=$

40  $4+3+4=$

11  $3+3+1=$

26  $5+1+4=$

41  $5+1+4=$

12  $1+3+5=$

27  $4+3+2=$

42  $1+1+1=$

13  $5+2+2=$

28  $1+2+3=$

43  $4+3+3=$

14  $1+4+1=$

29  $3+4+4=$

44  $4+1+3=$

15  $3+2+3=$

30  $3+3+4=$

45  $2+1+2=$



[3数字加算 45 3A008]

1 6 16 8 31 13

2 6 17 7 32 11

3 13 18 10 33 14

4 8 19 12 34 6

5 10 20 9 35 14

6 7 21 5 36 10

7 9 22 6 37 10

8 13 23 9 38 10

9 7 24 12 39 7

10 8 25 5 40 8

11 7 26 11 41 6

12 10 27 4 42 7

13 9 28 7 43 14

14 8 29 9 44 10

15 10 30 11 45 14

1 13 16 8 31 13

2 7 17 8 32 8

3 12 18 14 33 6

4 9 19 5 34 10

5 14 20 8 35 7

6 10 21 11 36 6

7 8 22 7 37 6

8 7 23 5 38 9

9 13 24 10 39 9

10 11 25 6 40 11

11 7 26 10 41 10

12 9 27 9 42 3

13 9 28 6 43 10

14 6 29 11 44 8

15 8 30 10 45 5



脳の健康をサポートする情報とトレーニング

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