

1 $2 + 1 =$

16 $3 + 2 =$

31 $3 + 5 =$

2 $1 + 1 =$

17 $1 + 3 =$

32 $3 + 4 =$

3 $3 + 1 =$

18 $1 + 1 =$

33 $3 + 2 =$

4 $1 + 4 =$

19 $1 + 2 =$

34 $4 + 1 =$

5 $1 + 5 =$

20 $5 + 2 =$

35 $2 + 5 =$

6 $2 + 2 =$

21 $2 + 4 =$

36 $3 + 5 =$

7 $3 + 2 =$

22 $5 + 1 =$

37 $2 + 1 =$

8 $2 + 1 =$

23 $4 + 4 =$

38 $5 + 3 =$

9 $2 + 3 =$

24 $4 + 2 =$

39 $4 + 2 =$

10 $2 + 4 =$

25 $2 + 3 =$

40 $2 + 4 =$

11 $3 + 3 =$

26 $2 + 5 =$

41 $4 + 4 =$

12 $1 + 1 =$

27 $2 + 2 =$

42 $3 + 1 =$

13 $2 + 1 =$

28 $5 + 1 =$

43 $2 + 3 =$

14 $1 + 4 =$

29 $4 + 2 =$

44 $1 + 2 =$

15 $3 + 4 =$

30 $2 + 5 =$

45 $3 + 5 =$



1 $2 + 1 =$

16 $3 + 5 =$

31 $4 + 3 =$

2 $3 + 4 =$

17 $2 + 5 =$

32 $5 + 4 =$

3 $2 + 5 =$

18 $5 + 4 =$

33 $2 + 3 =$

4 $3 + 1 =$

19 $4 + 1 =$

34 $1 + 2 =$

5 $4 + 3 =$

20 $2 + 3 =$

35 $3 + 4 =$

6 $1 + 4 =$

21 $3 + 5 =$

36 $2 + 4 =$

7 $3 + 5 =$

22 $3 + 1 =$

37 $2 + 1 =$

8 $1 + 5 =$

23 $1 + 1 =$

38 $5 + 3 =$

9 $4 + 5 =$

24 $3 + 5 =$

39 $4 + 2 =$

10 $2 + 3 =$

25 $5 + 1 =$

40 $1 + 3 =$

11 $5 + 2 =$

26 $4 + 1 =$

41 $2 + 4 =$

12 $3 + 2 =$

27 $5 + 5 =$

42 $2 + 2 =$

13 $2 + 2 =$

28 $1 + 4 =$

43 $4 + 3 =$

14 $1 + 1 =$

29 $2 + 3 =$

44 $3 + 1 =$

15 $1 + 5 =$

30 $3 + 5 =$

45 $3 + 2 =$



— 加算 45 A001 —

1	3	16	5	31	8
2	2	17	4	32	7
3	4	18	2	33	5
4	5	19	3	34	5
5	6	20	7	35	7
6	4	21	6	36	8
7	5	22	6	37	3
8	3	23	6	38	8
9	5	24	7	39	6
10	6	25	5	40	6
11	6	26	7	41	8
12	2	27	4	42	4
13	3	28	6	43	5
14	5	29	6	44	3
15	7	30	7	45	8

1	3	16	8	31	7
2	7	17	7	32	9
3	7	18	9	33	5
4	4	19	5	34	3
5	7	20	5	35	7
6	5	21	8	36	6
7	8	22	4	37	3
8	6	23	2	38	8
9	9	24	8	39	6
10	5	25	6	40	4
11	7	26	5	41	6
12	5	27	10	42	4
13	4	28	5	43	7
14	2	29	5	44	4
15	6	30	8	45	5



脳の健康をサポートする情報とトレーニング

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