

1 $1 + 4 =$

16 $1 + 3 =$

31 $1 + 3 =$

2 $4 + 5 =$

17 $5 + 4 =$

32 $5 + 5 =$

3 $5 + 2 =$

18 $4 + 5 =$

33 $5 + 1 =$

4 $1 + 5 =$

19 $3 + 1 =$

34 $4 + 2 =$

5 $3 + 3 =$

20 $5 + 3 =$

35 $5 + 4 =$

6 $3 + 4 =$

21 $1 + 3 =$

36 $1 + 3 =$

7 $5 + 4 =$

22 $5 + 5 =$

37 $5 + 1 =$

8 $5 + 3 =$

23 $1 + 1 =$

38 $1 + 2 =$

9 $2 + 4 =$

24 $2 + 5 =$

39 $5 + 2 =$

10 $2 + 3 =$

25 $4 + 5 =$

40 $1 + 4 =$

11 $5 + 2 =$

26 $5 + 4 =$

41 $5 + 4 =$

12 $3 + 3 =$

27 $3 + 2 =$

42 $2 + 5 =$

13 $4 + 3 =$

28 $1 + 2 =$

43 $1 + 4 =$

14 $3 + 2 =$

29 $5 + 2 =$

44 $5 + 3 =$

15 $3 + 5 =$

30 $5 + 4 =$

45 $3 + 1 =$



1 $1 + 4 =$

16 $3 + 5 =$

31 $1 + 3 =$

2 $5 + 2 =$

17 $3 + 1 =$

32 $1 + 5 =$

3 $5 + 4 =$

18 $1 + 5 =$

33 $4 + 1 =$

4 $3 + 3 =$

19 $2 + 3 =$

34 $2 + 4 =$

5 $3 + 4 =$

20 $3 + 4 =$

35 $1 + 3 =$

6 $1 + 1 =$

21 $1 + 1 =$

36 $2 + 3 =$

7 $5 + 2 =$

22 $5 + 5 =$

37 $4 + 5 =$

8 $1 + 2 =$

23 $2 + 4 =$

38 $3 + 2 =$

9 $5 + 4 =$

24 $4 + 5 =$

39 $2 + 4 =$

10 $4 + 4 =$

25 $2 + 2 =$

40 $5 + 2 =$

11 $4 + 2 =$

26 $4 + 1 =$

41 $4 + 4 =$

12 $3 + 4 =$

27 $2 + 5 =$

42 $4 + 1 =$

13 $1 + 1 =$

28 $5 + 4 =$

43 $3 + 2 =$

14 $4 + 5 =$

29 $4 + 2 =$

44 $3 + 4 =$

15 $4 + 4 =$

30 $3 + 4 =$

45 $4 + 5 =$



— 加算 45 A009 —

1	5	16	4	31	4
2	9	17	9	32	10
3	7	18	9	33	6
4	6	19	4	34	6
5	6	20	8	35	9
6	7	21	4	36	4
7	9	22	10	37	6
8	8	23	2	38	3
9	6	24	7	39	7
10	5	25	9	40	5
11	7	26	9	41	9
12	6	27	5	42	7
13	7	28	3	43	5
14	5	29	7	44	8
15	8	30	9	45	4

1	5	16	8	31	4
2	7	17	4	32	6
3	9	18	6	33	5
4	6	19	5	34	6
5	7	20	7	35	4
6	2	21	2	36	5
7	7	22	10	37	9
8	3	23	6	38	5
9	9	24	9	39	6
10	8	25	4	40	7
11	6	26	5	41	8
12	7	27	7	42	5
13	2	28	9	43	5
14	9	29	6	44	7
15	8	30	7	45	9



脳の健康をサポートする情報とトレーニング

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