

1 $5 + 1 =$

16 $1 + 3 =$

31 $1 + 5 =$

2 $4 + 4 =$

17 $2 + 4 =$

32 $4 + 3 =$

3 $1 + 4 =$

18 $4 + 3 =$

33 $3 + 2 =$

4 $5 + 5 =$

19 $5 + 2 =$

34 $4 + 1 =$

5 $3 + 3 =$

20 $1 + 4 =$

35 $2 + 3 =$

6 $5 + 4 =$

21 $4 + 5 =$

36 $5 + 1 =$

7 $2 + 2 =$

22 $4 + 3 =$

37 $2 + 1 =$

8 $1 + 5 =$

23 $2 + 2 =$

38 $3 + 5 =$

9 $3 + 3 =$

24 $5 + 1 =$

39 $4 + 5 =$

10 $2 + 1 =$

25 $2 + 2 =$

40 $1 + 4 =$

11 $4 + 5 =$

26 $4 + 1 =$

41 $1 + 3 =$

12 $3 + 2 =$

27 $4 + 4 =$

42 $2 + 5 =$

13 $4 + 3 =$

28 $3 + 3 =$

43 $5 + 2 =$

14 $2 + 5 =$

29 $4 + 3 =$

44 $5 + 5 =$

15 $2 + 1 =$

30 $5 + 4 =$

45 $2 + 3 =$



1 $2 + 4 =$

16 $3 + 3 =$

31 $5 + 2 =$

2 $3 + 2 =$

17 $4 + 4 =$

32 $5 + 1 =$

3 $4 + 1 =$

18 $1 + 1 =$

33 $2 + 3 =$

4 $5 + 1 =$

19 $1 + 3 =$

34 $1 + 5 =$

5 $2 + 3 =$

20 $1 + 2 =$

35 $1 + 2 =$

6 $1 + 5 =$

21 $3 + 3 =$

36 $4 + 2 =$

7 $2 + 5 =$

22 $1 + 5 =$

37 $5 + 5 =$

8 $3 + 3 =$

23 $2 + 3 =$

38 $5 + 4 =$

9 $3 + 2 =$

24 $1 + 2 =$

39 $1 + 2 =$

10 $1 + 2 =$

25 $2 + 5 =$

40 $4 + 2 =$

11 $3 + 5 =$

26 $4 + 4 =$

41 $1 + 3 =$

12 $4 + 5 =$

27 $1 + 3 =$

42 $2 + 5 =$

13 $5 + 3 =$

28 $5 + 4 =$

43 $2 + 3 =$

14 $3 + 5 =$

29 $5 + 3 =$

44 $3 + 2 =$

15 $3 + 3 =$

30 $1 + 5 =$

45 $1 + 1 =$



— 加算 45 A010 —

1 6 16 4 31 6

2 8 17 6 32 7

3 5 18 7 33 5

4 10 19 7 34 5

5 6 20 5 35 5

6 9 21 9 36 6

7 4 22 7 37 3

8 6 23 4 38 8

9 6 24 6 39 9

10 3 25 4 40 5

11 9 26 5 41 4

12 5 27 8 42 7

13 7 28 6 43 7

14 7 29 7 44 10

15 3 30 9 45 5

1 6 16 6 31 7

2 5 17 8 32 6

3 5 18 2 33 5

4 6 19 4 34 6

5 5 20 3 35 3

6 6 21 6 36 6

7 7 22 6 37 10

8 6 23 5 38 9

9 5 24 3 39 3

10 3 25 7 40 6

11 8 26 8 41 4

12 9 27 4 42 7

13 8 28 9 43 5

14 8 29 8 44 5

15 6 30 6 45 2



脳の健康をサポートする情報とトレーニング

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