

1  $1 + 5 + 3 =$

16  $2 + 7 + 3 =$

31  $7 + 7 + 7 =$

2  $2 + 5 + 2 =$

17  $7 + 3 + 8 =$

32  $5 + 3 + 8 =$

3  $6 + 7 + 4 =$

18  $9 + 5 + 9 =$

33  $2 + 5 + 6 =$

4  $6 + 3 + 7 =$

19  $2 + 3 + 1 =$

34  $7 + 1 + 1 =$

5  $9 + 4 + 1 =$

20  $8 + 5 + 5 =$

35  $4 + 8 + 9 =$

6  $6 + 2 + 5 =$

21  $3 + 5 + 7 =$

36  $8 + 9 + 4 =$

7  $1 + 8 + 7 =$

22  $1 + 5 + 5 =$

37  $3 + 5 + 9 =$

8  $3 + 3 + 4 =$

23  $5 + 5 + 8 =$

38  $4 + 2 + 4 =$

9  $7 + 9 + 8 =$

24  $1 + 2 + 5 =$

39  $8 + 6 + 5 =$

10  $8 + 5 + 2 =$

25  $6 + 3 + 4 =$

40  $9 + 6 + 6 =$

11  $4 + 7 + 7 =$

26  $9 + 4 + 6 =$

41  $8 + 9 + 6 =$

12  $6 + 4 + 1 =$

27  $3 + 8 + 9 =$

42  $2 + 1 + 6 =$

13  $3 + 2 + 9 =$

28  $5 + 7 + 6 =$

43  $8 + 5 + 8 =$

14  $1 + 9 + 7 =$

29  $7 + 3 + 7 =$

44  $3 + 3 + 7 =$

15  $4 + 6 + 2 =$

30  $6 + 9 + 1 =$

45  $2 + 7 + 8 =$



1  $4+3+3=$

16  $1+7+1=$

31  $5+3+1=$

2  $4+2+9=$

17  $1+2+7=$

32  $3+7+2=$

3  $5+7+1=$

18  $3+5+9=$

33  $3+7+5=$

4  $4+6+9=$

19  $3+6+4=$

34  $4+8+4=$

5  $7+2+8=$

20  $8+9+1=$

35  $3+8+6=$

6  $3+5+4=$

21  $1+9+9=$

36  $6+2+3=$

7  $5+1+2=$

22  $3+5+2=$

37  $5+5+9=$

8  $3+8+1=$

23  $3+2+2=$

38  $2+9+6=$

9  $8+7+4=$

24  $5+7+6=$

39  $5+6+7=$

10  $2+7+4=$

25  $7+7+1=$

40  $2+8+3=$

11  $4+9+9=$

26  $7+4+9=$

41  $1+4+7=$

12  $4+6+9=$

27  $2+2+3=$

42  $6+9+5=$

13  $7+9+4=$

28  $3+8+9=$

43  $3+9+1=$

14  $9+6+5=$

29  $4+9+3=$

44  $7+9+6=$

15  $4+6+7=$

30  $2+5+1=$

45  $2+6+3=$



[3数字加算 45 3B002]

1 9 16 12 31 21

2 9 17 18 32 16

3 17 18 23 33 13

4 16 19 6 34 9

5 14 20 18 35 21

6 13 21 15 36 21

7 16 22 11 37 17

8 10 23 18 38 10

9 24 24 8 39 19

10 15 25 13 40 21

11 18 26 19 41 23

12 11 27 20 42 9

13 14 28 18 43 21

14 17 29 17 44 13

15 12 30 16 45 17

1 10 16 9 31 9

2 15 17 10 32 12

3 13 18 17 33 15

4 19 19 13 34 16

5 17 20 18 35 17

6 12 21 19 36 11

7 8 22 10 37 19

8 12 23 7 38 17

9 19 24 18 39 18

10 13 25 15 40 13

11 22 26 20 41 12

12 19 27 7 42 20

13 20 28 20 43 13

14 20 29 16 44 22

15 17 30 8 45 11



脳の健康をサポートする情報とトレーニング

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