

1 $4 + 1 + 1 =$

16 $5 + 4 + 7 =$

31 $4 + 6 + 6 =$

2 $7 + 9 + 9 =$

17 $8 + 6 + 9 =$

32 $9 + 5 + 5 =$

3 $7 + 7 + 9 =$

18 $3 + 5 + 9 =$

33 $6 + 1 + 4 =$

4 $8 + 5 + 8 =$

19 $9 + 6 + 7 =$

34 $4 + 2 + 9 =$

5 $5 + 5 + 9 =$

20 $1 + 1 + 1 =$

35 $2 + 1 + 5 =$

6 $5 + 8 + 7 =$

21 $4 + 7 + 5 =$

36 $6 + 1 + 6 =$

7 $2 + 5 + 7 =$

22 $2 + 2 + 3 =$

37 $3 + 5 + 8 =$

8 $6 + 1 + 7 =$

23 $6 + 6 + 5 =$

38 $5 + 4 + 7 =$

9 $8 + 5 + 1 =$

24 $4 + 1 + 8 =$

39 $7 + 8 + 6 =$

10 $2 + 6 + 8 =$

25 $5 + 1 + 6 =$

40 $6 + 5 + 8 =$

11 $6 + 9 + 6 =$

26 $5 + 2 + 4 =$

41 $9 + 6 + 9 =$

12 $8 + 8 + 7 =$

27 $3 + 1 + 8 =$

42 $8 + 4 + 9 =$

13 $9 + 7 + 7 =$

28 $6 + 8 + 1 =$

43 $2 + 6 + 7 =$

14 $7 + 1 + 2 =$

29 $4 + 6 + 2 =$

44 $3 + 4 + 9 =$

15 $9 + 7 + 7 =$

30 $4 + 3 + 2 =$

45 $2 + 8 + 6 =$



1 $8+4+5=$

16 $5+8+3=$

31 $3+7+9=$

2 $7+5+7=$

17 $2+1+3=$

32 $6+4+7=$

3 $9+2+4=$

18 $1+8+2=$

33 $9+4+5=$

4 $6+2+2=$

19 $5+4+2=$

34 $9+4+8=$

5 $6+3+6=$

20 $7+7+7=$

35 $4+6+8=$

6 $5+4+4=$

21 $4+8+1=$

36 $6+9+2=$

7 $4+4+9=$

22 $3+5+8=$

37 $2+9+6=$

8 $4+6+5=$

23 $6+8+4=$

38 $6+4+8=$

9 $2+8+3=$

24 $5+5+8=$

39 $9+1+5=$

10 $3+3+6=$

25 $9+8+9=$

40 $8+2+1=$

11 $3+7+2=$

26 $6+7+6=$

41 $6+2+9=$

12 $3+8+3=$

27 $9+4+6=$

42 $3+5+6=$

13 $1+2+3=$

28 $8+3+4=$

43 $4+7+5=$

14 $9+8+3=$

29 $4+8+1=$

44 $4+4+5=$

15 $6+4+1=$

30 $9+5+2=$

45 $3+5+6=$



[3数字加算 45 3B006]

1 6 16 16 31 16

2 25 17 23 32 19

3 23 18 17 33 11

4 21 19 22 34 15

5 19 20 3 35 8

6 20 21 16 36 13

7 14 22 7 37 16

8 14 23 17 38 16

9 14 24 13 39 21

10 16 25 12 40 19

11 21 26 11 41 24

12 23 27 12 42 21

13 23 28 15 43 15

14 10 29 12 44 16

15 23 30 9 45 16

1 17 16 16 31 19

2 19 17 6 32 17

3 15 18 11 33 18

4 10 19 11 34 21

5 15 20 21 35 18

6 13 21 13 36 17

7 17 22 16 37 17

8 15 23 18 38 18

9 13 24 18 39 15

10 12 25 26 40 11

11 12 26 19 41 17

12 14 27 19 42 14

13 6 28 15 43 16

14 20 29 13 44 13

15 11 30 16 45 14



脳の健康をサポートする情報とトレーニング

<https://magald.com>