

1 $1 + 8 =$

16 $8 + 9 =$

31 $2 + 6 =$

2 $6 + 1 =$

17 $7 + 3 =$

32 $9 + 4 =$

3 $7 + 6 =$

18 $1 + 1 =$

33 $9 + 6 =$

4 $6 + 7 =$

19 $5 + 1 =$

34 $3 + 7 =$

5 $8 + 3 =$

20 $4 + 9 =$

35 $7 + 2 =$

6 $2 + 9 =$

21 $5 + 7 =$

36 $1 + 2 =$

7 $4 + 4 =$

22 $4 + 2 =$

37 $6 + 4 =$

8 $7 + 4 =$

23 $2 + 2 =$

38 $8 + 1 =$

9 $6 + 6 =$

24 $5 + 2 =$

39 $6 + 1 =$

10 $6 + 5 =$

25 $2 + 5 =$

40 $3 + 4 =$

11 $2 + 4 =$

26 $8 + 2 =$

41 $8 + 7 =$

12 $9 + 3 =$

27 $2 + 6 =$

42 $1 + 3 =$

13 $2 + 2 =$

28 $4 + 6 =$

43 $9 + 1 =$

14 $9 + 1 =$

29 $4 + 4 =$

44 $9 + 4 =$

15 $7 + 9 =$

30 $7 + 4 =$

45 $4 + 6 =$



1 $5 + 5 =$

16 $5 + 6 =$

31 $9 + 9 =$

2 $2 + 3 =$

17 $2 + 6 =$

32 $3 + 9 =$

3 $2 + 3 =$

18 $2 + 7 =$

33 $3 + 3 =$

4 $6 + 4 =$

19 $9 + 8 =$

34 $2 + 9 =$

5 $1 + 6 =$

20 $5 + 8 =$

35 $4 + 8 =$

6 $4 + 7 =$

21 $8 + 5 =$

36 $4 + 2 =$

7 $2 + 2 =$

22 $1 + 3 =$

37 $7 + 9 =$

8 $6 + 4 =$

23 $6 + 4 =$

38 $8 + 8 =$

9 $5 + 4 =$

24 $1 + 2 =$

39 $4 + 3 =$

10 $4 + 7 =$

25 $8 + 8 =$

40 $7 + 1 =$

11 $8 + 6 =$

26 $9 + 2 =$

41 $5 + 9 =$

12 $4 + 9 =$

27 $7 + 7 =$

42 $3 + 5 =$

13 $1 + 2 =$

28 $9 + 4 =$

43 $2 + 6 =$

14 $9 + 5 =$

29 $2 + 4 =$

44 $2 + 8 =$

15 $8 + 8 =$

30 $6 + 9 =$

45 $8 + 2 =$



— 加算 45 B009 —

1 9 16 17 31 8

2 7 17 10 32 13

3 13 18 2 33 15

4 13 19 6 34 10

5 11 20 13 35 9

6 11 21 12 36 3

7 8 22 6 37 10

8 11 23 4 38 9

9 12 24 7 39 7

10 11 25 7 40 7

11 6 26 10 41 15

12 12 27 8 42 4

13 4 28 10 43 10

14 10 29 8 44 13

15 16 30 11 45 10

1 10 16 11 31 18

2 5 17 8 32 12

3 5 18 9 33 6

4 10 19 17 34 11

5 7 20 13 35 12

6 11 21 13 36 6

7 4 22 4 37 16

8 10 23 10 38 16

9 9 24 3 39 7

10 11 25 16 40 8

11 14 26 11 41 14

12 13 27 14 42 8

13 3 28 13 43 8

14 14 29 6 44 10

15 16 30 15 45 10



老年若脳

脳の健康をサポートする情報とトレーニング

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