

1 $6 - 1 =$

16 $10 - 7 =$

31 $10 - 2 =$

2 $5 - 5 =$

17 $3 - 1 =$

32 $8 - 5 =$

3 $9 - 5 =$

18 $8 - 6 =$

33 $1 - 1 =$

4 $2 - 1 =$

19 $3 - 1 =$

34 $5 - 3 =$

5 $7 - 3 =$

20 $5 - 3 =$

35 $6 - 6 =$

6 $10 - 7 =$

21 $7 - 1 =$

36 $4 - 1 =$

7 $8 - 4 =$

22 $8 - 2 =$

37 $6 - 2 =$

8 $10 - 5 =$

23 $5 - 4 =$

38 $9 - 3 =$

9 $7 - 4 =$

24 $4 - 3 =$

39 $7 - 7 =$

10 $6 - 2 =$

25 $3 - 1 =$

40 $10 - 6 =$

11 $6 - 4 =$

26 $10 - 6 =$

41 $4 - 1 =$

12 $9 - 8 =$

27 $2 - 1 =$

42 $7 - 4 =$

13 $3 - 1 =$

28 $4 - 1 =$

43 $10 - 3 =$

14 $9 - 1 =$

29 $5 - 3 =$

44 $8 - 5 =$

15 $10 - 2 =$

30 $8 - 6 =$

45 $10 - 4 =$



1 $10 - 8 =$

16 $9 - 6 =$

31 $5 - 1 =$

2 $7 - 6 =$

17 $5 - 4 =$

32 $6 - 2 =$

3 $2 - 1 =$

18 $5 - 1 =$

33 $5 - 5 =$

4 $6 - 3 =$

19 $7 - 5 =$

34 $6 - 1 =$

5 $1 - 1 =$

20 $9 - 4 =$

35 $7 - 2 =$

6 $7 - 2 =$

21 $9 - 7 =$

36 $9 - 4 =$

7 $8 - 4 =$

22 $5 - 3 =$

37 $3 - 1 =$

8 $8 - 6 =$

23 $8 - 6 =$

38 $10 - 8 =$

9 $10 - 4 =$

24 $7 - 5 =$

39 $8 - 6 =$

10 $8 - 5 =$

25 $8 - 4 =$

40 $7 - 1 =$

11 $5 - 4 =$

26 $6 - 4 =$

41 $4 - 3 =$

12 $7 - 3 =$

27 $8 - 7 =$

42 $5 - 4 =$

13 $6 - 4 =$

28 $5 - 4 =$

43 $9 - 2 =$

14 $10 - 2 =$

29 $7 - 3 =$

44 $10 - 7 =$

15 $8 - 1 =$

30 $5 - 3 =$

45 $10 - 9 =$



— 減算 45 B010 —

1	5	16	3	31	8
2	0	17	2	32	3
3	4	18	2	33	0
4	1	19	2	34	2
5	4	20	2	35	0
6	3	21	6	36	3
7	4	22	6	37	4
8	5	23	1	38	6
9	3	24	1	39	0
10	4	25	2	40	4
11	2	26	4	41	3
12	1	27	1	42	3
13	2	28	3	43	7
14	8	29	2	44	3
15	8	30	2	45	6

1	2	16	3	31	4
2	1	17	1	32	4
3	1	18	4	33	0
4	3	19	2	34	5
5	0	20	5	35	5
6	5	21	2	36	5
7	4	22	2	37	2
8	2	23	2	38	2
9	6	24	2	39	2
10	3	25	4	40	6
11	1	26	2	41	1
12	4	27	1	42	1
13	2	28	1	43	7
14	8	29	4	44	3
15	7	30	2	45	1



脳の健康をサポートする情報とトレーニング

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