

1  $8-3=$

16  $6-3=$

31  $14-11=$

2  $11-11=$

17  $13-7=$

32  $16-6=$

3  $20-13=$

18  $18-3=$

33  $16-14=$

4  $10-4=$

19  $18-17=$

34  $17-4=$

5  $16-11=$

20  $8-3=$

35  $17-7=$

6  $19-10=$

21  $14-10=$

36  $20-6=$

7  $12-4=$

22  $12-3=$

37  $18-18=$

8  $11-8=$

23  $11-5=$

38  $13-6=$

9  $20-8=$

24  $15-7=$

39  $15-6=$

10  $17-14=$

25  $6-4=$

40  $3-2=$

11  $9-8=$

26  $20-2=$

41  $11-5=$

12  $8-1=$

27  $16-1=$

42  $13-13=$

13  $15-13=$

28  $20-12=$

43  $10-2=$

14  $9-9=$

29  $19-12=$

44  $20-9=$

15  $19-10=$

30  $15-5=$

45  $11-7=$



1  $14 - 10 =$

16  $6 - 5 =$

31  $18 - 11 =$

2  $12 - 8 =$

17  $15 - 12 =$

32  $20 - 11 =$

3  $14 - 1 =$

18  $12 - 4 =$

33  $11 - 4 =$

4  $9 - 3 =$

19  $4 - 2 =$

34  $10 - 5 =$

5  $10 - 1 =$

20  $20 - 17 =$

35  $8 - 2 =$

6  $19 - 11 =$

21  $14 - 12 =$

36  $18 - 3 =$

7  $16 - 3 =$

22  $18 - 3 =$

37  $11 - 3 =$

8  $16 - 11 =$

23  $16 - 6 =$

38  $10 - 10 =$

9  $14 - 10 =$

24  $14 - 14 =$

39  $16 - 5 =$

10  $15 - 15 =$

25  $19 - 15 =$

40  $17 - 6 =$

11  $10 - 7 =$

26  $10 - 7 =$

41  $11 - 2 =$

12  $7 - 3 =$

27  $16 - 7 =$

42  $8 - 4 =$

13  $17 - 4 =$

28  $17 - 9 =$

43  $15 - 11 =$

14  $18 - 14 =$

29  $17 - 15 =$

44  $10 - 9 =$

15  $11 - 2 =$

30  $19 - 1 =$

45  $11 - 3 =$



— 減算 45 C003 —

1	5	16	3	31	3
2	0	17	6	32	10
3	7	18	15	33	2
4	6	19	1	34	13
5	5	20	5	35	10
6	9	21	4	36	14
7	8	22	9	37	0
8	3	23	6	38	7
9	12	24	8	39	9
10	3	25	2	40	1
11	1	26	18	41	6
12	7	27	15	42	0
13	2	28	8	43	8
14	0	29	7	44	11
15	9	30	10	45	4

1	4	16	1	31	7
2	4	17	3	32	9
3	13	18	8	33	7
4	6	19	2	34	5
5	9	20	3	35	6
6	8	21	2	36	15
7	13	22	15	37	8
8	5	23	10	38	0
9	4	24	0	39	11
10	0	25	4	40	11
11	3	26	3	41	9
12	4	27	9	42	4
13	13	28	8	43	4
14	4	29	2	44	1
15	9	30	18	45	8



脳の健康をサポートする情報とトレーニング

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