

1 $12-8=$

16 $6-1=$

31 $20-12=$

2 $12-4=$

17 $15-5=$

32 $13-12=$

3 $17-12=$

18 $9-1=$

33 $14-9=$

4 $18-8=$

19 $12-3=$

34 $17-1=$

5 $12-5=$

20 $17-1=$

35 $19-9=$

6 $16-6=$

21 $18-11=$

36 $12-11=$

7 $17-8=$

22 $6-2=$

37 $3-1=$

8 $19-10=$

23 $15-4=$

38 $8-6=$

9 $19-8=$

24 $19-3=$

39 $16-1=$

10 $17-14=$

25 $16-4=$

40 $20-7=$

11 $20-3=$

26 $14-4=$

41 $18-15=$

12 $20-11=$

27 $12-12=$

42 $17-13=$

13 $15-8=$

28 $7-5=$

43 $14-3=$

14 $10-3=$

29 $14-9=$

44 $20-19=$

15 $17-12=$

30 $15-8=$

45 $19-2=$



1 $6-5=$

16 $18-1=$

31 $15-4=$

2 $9-3=$

17 $11-8=$

32 $8-4=$

3 $15-14=$

18 $16-3=$

33 $6-6=$

4 $16-12=$

19 $19-4=$

34 $17-7=$

5 $11-9=$

20 $6-2=$

35 $19-8=$

6 $12-2=$

21 $13-13=$

36 $4-1=$

7 $13-6=$

22 $7-4=$

37 $9-4=$

8 $4-2=$

23 $19-18=$

38 $7-5=$

9 $18-7=$

24 $13-5=$

39 $11-11=$

10 $5-1=$

25 $18-12=$

40 $13-2=$

11 $16-1=$

26 $19-6=$

41 $17-2=$

12 $15-4=$

27 $15-9=$

42 $13-13=$

13 $10-1=$

28 $17-11=$

43 $20-2=$

14 $8-3=$

29 $17-6=$

44 $19-13=$

15 $6-3=$

30 $16-2=$

45 $16-9=$



— 減算 45 C004 —

1 4 16 5 31 8

2 8 17 10 32 1

3 5 18 8 33 5

4 10 19 9 34 16

5 7 20 16 35 10

6 10 21 7 36 1

7 9 22 4 37 2

8 9 23 11 38 2

9 11 24 16 39 15

10 3 25 12 40 13

11 17 26 10 41 3

12 9 27 0 42 4

13 7 28 2 43 11

14 7 29 5 44 1

15 5 30 7 45 17

1 1 16 17 31 11

2 6 17 3 32 4

3 1 18 13 33 0

4 4 19 15 34 10

5 2 20 4 35 11

6 10 21 0 36 3

7 7 22 3 37 5

8 2 23 1 38 2

9 11 24 8 39 0

10 4 25 6 40 11

11 15 26 13 41 15

12 11 27 6 42 0

13 9 28 6 43 18

14 5 29 11 44 6

15 3 30 14 45 7



老年若脳

脳の健康をサポートする情報とトレーニング

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