

1  $16-6=$

16  $9-9=$

31  $8-4=$

2  $18-6=$

17  $9-8=$

32  $14-3=$

3  $11-6=$

18  $18-1=$

33  $18-14=$

4  $17-9=$

19  $16-16=$

34  $15-5=$

5  $12-1=$

20  $7-4=$

35  $11-10=$

6  $18-17=$

21  $11-9=$

36  $20-10=$

7  $3-2=$

22  $15-1=$

37  $6-3=$

8  $20-18=$

23  $13-10=$

38  $15-14=$

9  $8-3=$

24  $13-11=$

39  $17-15=$

10  $17-5=$

25  $15-8=$

40  $11-4=$

11  $5-2=$

26  $12-2=$

41  $9-3=$

12  $13-1=$

27  $19-15=$

42  $20-16=$

13  $15-2=$

28  $17-2=$

43  $14-7=$

14  $10-5=$

29  $20-15=$

44  $14-3=$

15  $18-5=$

30  $9-7=$

45  $16-5=$



1  $12-3=$

16  $15-13=$

31  $19-3=$

2  $16-2=$

17  $12-10=$

32  $19-14=$

3  $7-2=$

18  $19-19=$

33  $11-2=$

4  $15-6=$

19  $16-2=$

34  $12-11=$

5  $12-9=$

20  $2-1=$

35  $20-14=$

6  $19-15=$

21  $20-20=$

36  $9-8=$

7  $11-11=$

22  $20-14=$

37  $19-6=$

8  $13-8=$

23  $19-5=$

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24  $13-9=$

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40  $18-14=$

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41  $20-16=$

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42  $20-11=$

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28  $11-1=$

43  $7-5=$

14  $11-8=$

29  $16-5=$

44  $9-3=$

15  $16-9=$

30  $15-8=$

45  $7-4=$



— 減算 45 C005 —

1 10 16 0 31 4

2 12 17 1 32 11

3 5 18 17 33 4

4 8 19 0 34 10

5 11 20 3 35 1

6 1 21 2 36 10

7 1 22 14 37 3

8 2 23 3 38 1

9 5 24 2 39 2

10 12 25 7 40 7

11 3 26 10 41 6

12 12 27 4 42 4

13 13 28 15 43 7

14 5 29 5 44 11

15 13 30 2 45 11

1 9 16 2 31 16

2 14 17 2 32 5

3 5 18 0 33 9

4 9 19 14 34 1

5 3 20 1 35 6

6 4 21 0 36 1

7 0 22 6 37 13

8 5 23 14 38 3

9 16 24 4 39 9

10 5 25 8 40 4

11 2 26 5 41 4

12 2 27 10 42 9

13 5 28 10 43 2

14 3 29 11 44 6

15 7 30 7 45 3



脳の健康をサポートする情報とトレーニング

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