

1 $20 - 14 =$

16 $7 - 4 =$

31 $14 - 11 =$

2 $9 - 4 =$

17 $17 - 7 =$

32 $16 - 14 =$

3 $12 - 1 =$

18 $18 - 14 =$

33 $17 - 12 =$

4 $17 - 4 =$

19 $19 - 13 =$

34 $13 - 7 =$

5 $17 - 15 =$

20 $2 - 1 =$

35 $13 - 9 =$

6 $11 - 3 =$

21 $16 - 12 =$

36 $8 - 2 =$

7 $20 - 1 =$

22 $19 - 7 =$

37 $12 - 6 =$

8 $2 - 2 =$

23 $19 - 18 =$

38 $16 - 5 =$

9 $11 - 9 =$

24 $20 - 4 =$

39 $18 - 8 =$

10 $14 - 11 =$

25 $14 - 1 =$

40 $15 - 11 =$

11 $11 - 6 =$

26 $5 - 1 =$

41 $13 - 6 =$

12 $16 - 16 =$

27 $17 - 12 =$

42 $18 - 13 =$

13 $16 - 10 =$

28 $19 - 17 =$

43 $14 - 14 =$

14 $15 - 1 =$

29 $18 - 9 =$

44 $20 - 19 =$

15 $18 - 11 =$

30 $19 - 11 =$

45 $11 - 4 =$



1 $16-7=$

16 $17-1=$

31 $9-3=$

2 $10-7=$

17 $10-1=$

32 $8-1=$

3 $16-10=$

18 $20-19=$

33 $16-1=$

4 $5-1=$

19 $4-2=$

34 $17-10=$

5 $9-4=$

20 $20-17=$

35 $20-1=$

6 $8-4=$

21 $12-12=$

36 $7-7=$

7 $5-3=$

22 $18-12=$

37 $6-5=$

8 $6-5=$

23 $16-11=$

38 $4-4=$

9 $18-1=$

24 $19-18=$

39 $7-4=$

10 $17-8=$

25 $16-14=$

40 $15-11=$

11 $19-10=$

26 $18-15=$

41 $15-5=$

12 $19-12=$

27 $19-9=$

42 $17-11=$

13 $7-2=$

28 $8-3=$

43 $12-6=$

14 $20-9=$

29 $19-1=$

44 $15-1=$

15 $8-2=$

30 $11-2=$

45 $10-4=$



— 減算 45 C008 —

$16 - 3 = 13$

$17 - 10 = 7$

$18 - 4 = 14$

$19 - 6 = 13$

$20 - 1 = 19$

$21 - 4 = 17$

$22 - 12 = 10$

$23 - 1 = 22$

$24 - 16 = 8$

$25 - 13 = 12$

$26 - 4 = 22$

$27 - 5 = 22$

$28 - 2 = 26$

$29 - 9 = 20$

$30 - 8 = 22$

$31 - 3 = 28$

$32 - 2 = 30$

$33 - 5 = 28$

$34 - 6 = 28$

$35 - 4 = 31$

$36 - 6 = 30$

$37 - 6 = 31$

$38 - 11 = 27$

$39 - 10 = 29$

$40 - 4 = 36$

$41 - 7 = 34$

$42 - 5 = 37$

$43 - 0 = 43$

$44 - 1 = 43$

$45 - 7 = 38$



脳の健康をサポートする情報とトレーニング

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